2014 Annual Report

Child using telescope, Low Vision Project

...excellence in community eye health
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Foreword

MESSAGE FROM THE DIRECTOR

2014 was a year of mixed opportunities and challenges for BICO. It is the year that I had a life threatening fire accident that threatened not only the existence and survival of BICO but also programmes and projects that BICO was entrusted to implement in the country from different development partners and collaborators. At the same time, it has been a year of acceleration and growth of BICO. Two programmes started in this year; The Queen Elizabeth Diamond Jubilee Trust Fund - Trachoma Elimination Programme and the Vision 2020 Eye Care programme for South East Zone. In addition, 2014 has seen full time number of staff at BICO increasing from 4 to 11.

It gives me great pleasure to present to you our annual report for 2014. This report details what BICO with financial and technical support from many partners has done in the year under review. As you read this report, you will appreciate the critical role that BICO has done over the year in contributing towards prevention of avoidable blindness and establishment of vibrant, responsive and excellent community eye health system in Malawi.
ACKNOWLEDGEMENTS

BICO would like to acknowledge the tremendous contribution that the following members of staff have made towards the prevention of avoidable blindness in Malawi in 2014 through various blindness prevention programmes that BICO undertook in 2014 – David Chinyanya, Paul Mkandawire, Alvin Chisambi, Zachariah Kamwendo, Florence Kalua, Limbani Mitengo, Bruno Chimaliro, Ranneck Singano, Tiwonenji Chimwala, Lifa Mandala and Willy Majiya.

We also thank BICO’s Board of Directors, Assistant Director of Clinical Services (Ophthalmology) - Ministry of Health and Nsanje, Chikwawa, Mchinji and Machinga DHOs and Zomba Central Hospital for their untiring support during the year under review. BICO is also indebted to Sightsavers Country Office support.

In addition, BICO would like to acknowledge the financial and technical support from the following development partners and individuals:

2. Sightsavers/DFID: Global Trachoma Mapping Project
3. Lions of Netherlands and Wilde Ganzen: Low vision Project
4. London School of Hygiene and Tropical Medicine - Mordor Study project in Mangochi.
5. European Foundation Institute for Neglected Tropical Diseases: Trachoma Schistosomiasis Research
6. Neglected Tropical Disease (NTD) Centre, USA -Trachoma Coverage and Impact surveys
7. Kilimanjaro Centre for Community Ophthalmology – Management course
# ACRONYMS

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>BICO</td>
<td>Blantyre Institute for Community Ophthalmology</td>
</tr>
<tr>
<td>NTD</td>
<td>Neglected Tropical Diseases</td>
</tr>
<tr>
<td>MDA</td>
<td>Mass Drug Administration</td>
</tr>
<tr>
<td>MORDOR</td>
<td>Mortality Reduction after Oral Azithromycin</td>
</tr>
<tr>
<td>MOH</td>
<td>Ministry of Health</td>
</tr>
<tr>
<td>KCCO</td>
<td>Kilimanjaro Centre for Community Ophthalmology</td>
</tr>
<tr>
<td>TT</td>
<td>Trachomatous Trichiasis</td>
</tr>
<tr>
<td>DHO</td>
<td>District Health Office</td>
</tr>
<tr>
<td>LSHTM</td>
<td>London School of Hygiene and Tropical Medicine</td>
</tr>
<tr>
<td>SEZ</td>
<td>South East Zone</td>
</tr>
<tr>
<td>CBM</td>
<td>ChristofellBlinden Mission</td>
</tr>
<tr>
<td>OCO</td>
<td>Ophthalmic Clinical Officer</td>
</tr>
<tr>
<td>USA</td>
<td>United States of America</td>
</tr>
<tr>
<td>CCAP</td>
<td>Church of Central Africa Presbyterian</td>
</tr>
</tbody>
</table>
ABOUT BICO

Mandate

BICO exists to champion community eye health in Malawi and the region in order to achieve extraordinary improvements in eye care service delivery for the prevention and control of avoidable blindness in Malawi and the region.

Vision

‘Quality and affordable eye care services for everyone’

Mission Statement

To improve the quality of lives of people through facilitation of the provision of quality and affordable eye care service delivery, eye care operational research, capacity building in community eye health and advocacy and partnership.
A. INTRODUCTION

This annual report details BICO’s achievements in 2014. The report focuses on major programmes/projects that BICO implemented in the year under review. These projects include Trachoma Elimination Programme, Mordor Study, the Vision 2020 Eye Care Programme for South East Zone, Low Vision Project and operational researches undertaken such as Global Trachoma Mapping, Trachoma Impact and Drug Coverage Surveys. It also looks at capacity building and staff welfare issues besides an outline of all visitors to BICO in the same year.

B. KEY ACHIEVEMENTS

BICO registered tremendous achievements in the year in its contribution towards prevention of avoidable blindness in the country. The notable achievements are as follows:

1. Trachoma Mapping completed in Malawi

April 2014: For the first time in Malawi, Trachoma mapping was completed. This followed the mapping of all the 6 districts in northern part of Malawi.

May – July 2014: Trachoma Impact Survey conducted in Chikwawa and Mchinji to determine whether trachoma was still prevalent in these districts after three years of mass drug administration for Azithromycin. This was also the first of its kind in Malawi. The results influenced a decision for the 4th Trachoma Mass Drug Administration in Mchinji. Chikwawa became the first district to be declared Trachoma free in Malawi after three rounds of MDA and continue with surveillance.

2. Intervention for trachoma started in Malawi

Following the completion of mapping, a massive Trachoma Elimination Programme funded by Queen Elizabeth Diamond Jubilee started in 15 trachoma endemic districts of Kasungu, Salima, Dowa, Mchinji, Lilongwe, Nkhotakota, Ntcheu, Machinga, Mangochi, Zomba, Mwanza, Chikwawa and Nsanje. The London School for Hygiene and Tropical Medicine funded the Mordor Study in Mangochi District.
3. **MORDOR STUDY commenced.**

   The project was approved on 17th March 2014 but finally commenced its work in late August 2014 and field work in early September 2014.

4. **Support to MOH clinical services monthly.**

   BICO continued to support the Department of Clinical Services in the Ministry of Health with a monthly financial contribution of MK50,000.00 for their internet services.

5. **International Training workshop as described under capacity building**

   For the first time, BICO hosted two international training courses with support from KCCO in November 2014. These courses are Bridging Communities and Eye Care Providers to achieve **VISION 2020 in Africa and Organizational & Financial Management to Achieve VISION 2020 in Africa** from November 10 to 21, 2014 at John Hopkins Lecture Theatre in Blantyre. These were held concurrently.

6. **BICO web site development**

   This year saw BICO website (www.bicomalawi.org) further developed and operationalised — the idea was to give room for interaction with users by making it dynamic. This means that our website has a content management system which has simplified data management of the website and made updating the website easier. The website has also new features to fit the current browsers i.e. HTML5.

   The new website has more content and simplified navigation on where users/visitors can get information. It has detailed news forum as it has news section powered by social media plugins like Twitter handlers (twitter.com/bicomalawi), Facebook (facebook.com/bicomalawi.org), blogger (www.bicomalawi.blogspot.com) on almost every page of the site. The site has all its photos managed by BICO Picasa account hence the website just pulls the photos from this account. The site has video plug in managed by BICO YouTube account.

   The navigation is made in a simple way in that users/visitors can simply get information on our history, staff, board of directors, collaborating partners major projects undertaken, research studies conducted, articles, publications and resources (manuals) published, detailed activity and progress projects reports. The website is expected to be fully finished in the 1st quarter of 2015.
C. PROGRESS REPORT ON PROJECTS, PROGRAMMES & ACTIVITIES UNDERTAKEN

1. GLOBAL TRACHOMA MAPPING PROJECT

6th April 2014 and 4th May 2014: BICO conducted Trachoma Mapping Survey in the northern region of Malawi covering all the 6 districts. The purpose of the survey was to provide credible data to guide all trachoma planning and implementation in the country. It is this survey and the other previous that informed basis for the selection of trachoma endemic districts and formulation of the Trachoma Elimination Programme funded by the Queen Elizabeth Diamond Jubilee Trust Fund.

The table below shows the results of the survey:

<table>
<thead>
<tr>
<th></th>
<th>Mzimba-N EU</th>
<th>Mzimba-S EU</th>
<th>Nkhatabav EU</th>
<th>Karonga EU</th>
<th>Chitipa EU</th>
<th>Rumphi EU</th>
</tr>
</thead>
<tbody>
<tr>
<td>TF</td>
<td>1.6%</td>
<td>4.3%</td>
<td>2.8%</td>
<td>4.1%</td>
<td>1.4%</td>
<td>2.1%</td>
</tr>
<tr>
<td>TT</td>
<td>0.2%</td>
<td>0.1%</td>
<td>0.1%</td>
<td>0.4%</td>
<td>0%</td>
<td>0.1%</td>
</tr>
</tbody>
</table>

The survey showed that Karonga has a Trichiasis (TT) prevalence rate of 0.4% in adults aged 15 and above and around 0.2% in the population (extrapolated) which translates into about 700 TT cases as backlog. This is far above the elimination threshold of <0.1%. Karonga therefore needs surgical intervention for trachoma, while the rest of the districts in the north need nothing, except to continue with surveillance.

2. TRACHOMA ELIMINATION PROGRAMME

a. TRACHOMA IMPACT SURVEY & OPERATIONAL RESEARCH OPPORTUNITIES

6th June 2014 to 4th July 2014: A Trachoma Impact Survey was conducted in two districts of Chikwawa and Mchinji – the first of its kind in Malawi with the resultant effect that ITI made a decision to provide drugs for MDA in Mchinji.
b. TRACHOMA MASS DRUG ADMINISTRATION (MDA)

16th October to Mid November 2014, the Trachoma MDA took place in Mchinji and Nsanje. The table below shows their therapeutic coverage as reported by DHO offices

<table>
<thead>
<tr>
<th>No</th>
<th>Name of District</th>
<th>Total Population</th>
<th>Population treated</th>
<th>Therapeutic coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mchinji</td>
<td>576,153</td>
<td>555,859</td>
<td>96.5%</td>
</tr>
<tr>
<td>2</td>
<td>Nsanje</td>
<td>292,871</td>
<td>283,482</td>
<td>96.7%</td>
</tr>
</tbody>
</table>

The picture below shows a health personnel taking height before giving drugs.
The picture below shows women and their children waiting for the drugs administration.

The pictures below show MDA in Nsanje in hard to reach areas (marshy). The mode of transport to these areas is dug canoe and in some areas bicycle as seen in the pictures below.
Hard to reach, TEP (the TRUST)

Hard to reach, TEP (the TRUST)
c. DRUG COVERAGE SURVEY

Between 16th November and 24th November 2014: Drug coverage survey conducted in two districts of Nsanje and Mchinji. The aim was to ascertain the authenticity of the reported therapeutic and geographical coverage for the two districts that conducted MDA. The table below shows the therapeutic drug coverage for the two districts based on the survey.

<table>
<thead>
<tr>
<th>No</th>
<th>Name of the district</th>
<th>Therapeutic Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Mchinji</td>
<td>82%</td>
</tr>
<tr>
<td>2</td>
<td>Nsanje</td>
<td>88%</td>
</tr>
</tbody>
</table>

d. TT SCREENING & SURGERIES

10 - 12th December 2014: TT Surgeries conducted at Machinga District Hospital. The picture below shows TT surgeries in progress.
3. MORDOR PROJECT

MORDOR, which stands for Mortality Reduction after Oral Azithromycin, is a study that aims to test if the drug Azithromycin that cures trachoma can reduce child mortality and morbidity which come about because of malaria, pneumonia and diarrhoea in the under-five children. For Malawi the study site is Mangochi district and it was chosen because it is estimated to have relatively high infant and child mortality and it is estimated to have an intermediate prevalence of active trachoma (estimated at between 7 and 8% of 1-9 year olds) which would not require mass treatment with Azithromycin for trachoma control results from the GTMP coordinated by BICO.

29th September to 9 December 2014. Census covering 726 villages across the 46 health facilities in the Mangochi was conducted in readiness for Mordor MDA. This activity was conducted in collaboration and support from London School of Hygiene and Tropical Medicine (LSHTM), University of California, San Francisco and Ministry of Health (Mangochi DHO).

In the picture above, Mordor census enumerators doing field practice interviews in readiness for the census.
4. LOW VISION PROJECT

The Low Vision Project is a three year project (2012 – 2015) funded by Lions Club of Netherlands (Wilden Ganzen). The project focuses on refraction of learners in resource centres, provision of optical and non-optical devices and low vision training in three resource centres of Makande (Chikwawa), Nazombe (Phalombe) and Montfort in Chiradzulu. It also provides low vision services to Nsiyaludzu Resource Centre in Ntcheu. The following were done in the year under review:

April 2014: Assessment of learners with visual impairment in all the three resource centres of Makande, Nazombe and Montfort in Chikwawa, Phalombe and Chiradzulu respectively.

August 2014: Distribution of optical devices to all the aforementioned resource centres. The picture below shows Bruno Chimaliro demonstrating to a learner with low vision on how to read using a hand magnifier after distributing optical devices at Makande Resource Centre.

Below below – Bruno Chimaliro reviews and teaches a learner with low vision at Makande in Chikwawa District.

Between 16th June and 20th June 2014, BICO conducted Low Vision Training, funded by Lions of Netherlands (Wilde Ganzen). The training was facilitated by Dr Karin VanDjk, CBM Global Low Vision Specialist. The training provided refresher skills and knowledge to OCOs and Optometrists on basic clinical and educational low vision care respectively thereby strengthening their aptitude in handling and managing low vision clients. The training also provided an opportunity to discuss ways of mainstreaming eye care services in their clinics and schools.
5. SEZ VISION 2020 EYE CARE PROGRAMME

The South East Zone Vision 2020 Eye Care Programme, funded by KCCO, is a new three year programme in BICO and will be implemented in the six districts in the zone – Mangochi, Balaka, Machinga, Zomba, Phalombe & Mulanje.

2nd September 2014: Assessment of eye care services at Zomba Central Hospital and the zone. The Deputy Director of KCCO and BICO Director led the assessment exercise.

2nd October 2014. A planning workshop for Vision 2020 Eye Care Programme for South East Zone was conducted in Zomba at Peter’s Lodge. The Vision 2020 SEZ Eye Care Plan and budget were prepared.
6. OTHERS

a. EFINTD – Schistosomiasis Research

_5th of October 2014_, Blantyre Institute for Community Ophthalmology (BICO) conducted a one week data collection for a study which aims at establishing the coexistence of trachoma and schistosomiasis in villages under Mchoka Health Centre catchment area in Salima District. The results are yet to be released.

b. Traditional healer’s research.

_November 2014_: Follow up of research on whether the existing traditional leaders who were trained in basic primary eye are using the knowledge and skills obtained through that training that was conducted in 1994/95. So far a list of 100 traditional leaders has been compiled. A research questionnaire has been designed and pretested.

c. Youth Ministry Programme

BICO Youth Ministry Programme is a small humanitarian programme through which BICO uses a medium to reach out to the many under privileged female Christian youths from different denominations and have passion for youth ministry. Under this programme, “the Travel and upkeep grants” of up to K20, 000.00 per person are available for application.

_On 6th December 2014_, BICO Youth ministry hosted St Michaels of all Angels CCAP “Travel & Upkeep grants” beneficiaries. A total of nine female youths benefited from was conducted in Salima from 23rd December 2014 to 29th December, 2014.

In the picture above, Alvin Chisambi (Youth Coordinator) hands over cash to the chairperson of the Christian Youth Fellowship from St Michaels and All Angels CCAP Church in Blantyre.
7. CAPACITY BUILDING & TRAININGS

a. International training

Between the 11th and 21st May 2014 there was a training workshop on mortality reduction after oral azithromycin treatment (MORDOR) in Dosso, Niger. The training was organized by the University of California, San Francisco (UCSF). It was aimed at training some local people (within Niger) to become field supervisors on the MORDOR project. There were 12 local people that were trained. One BICO member of staff (Zachariah Kamwendo) working on the MORDOR study attended the training.
3 - 7 November 2014, BICO hosted a management course, Bridging Communities and Service Providers to Achieve Vision 2020 in Africa. This was done with financial and logistics support from KCCO. The picture below shows the participants to this training course from Ethiopia, Tanzania, South Sudan and Malawi.

9 – 21 November 2014, BICO hosted another management course: Organisational and Financial Management to Achieve Vision 2020 in Africa. This too was hosted with financial and logistics support from KCCO.
The picture above shows some of the participants during the courses

b. **Team building**

**26th August 2014:** BICO organised a team building workshop at Peter’s Lodge in Zomba for all its members of staff. The workshop was called to enhance and deepen understanding among staff in order to foster interaction, unity and team work in the execution of the goals of the organisation. The workshop was also an opportunity to orient new members of staff on policies, procedures and projects.
8. **2014 BICO VISITORS**

From 26th June 2014 to 28th June 2014, Caroline Diehl & students from Verde Valley School, USA. She supported BICO with funding for screening and provision of glasses for distribution to clients with low vision in Blantyre, Montfort - Chiradzulu and Zomba.

*Caroline posing with a learner with low vision after receiving glasses at Queens (Lions Eye Unit in Blantyre).*

*Bild students posing for a picture with students from Valley Verde School USA and David Chinyanya, Programme Manager, BICO*
a) Dr Karin vanDijk, a Global Low Vision Specialist from Netherlands. She came to conduct basic clinical and education low vision training to OCOs, Optometrists and special needs education teachers respectively. The training took place at Sight First Lions Eye Unit, Queens Blantyre from 16 to 20 June 2014.

b) Prof Robin Bailey, Drs John Hart and Sarah from the London School for Hygiene and Tropical Medicine. They facilitated the training in DBS, Conjunctiva SWAB collection prior to Trachoma Impact Survey field work.

c) Prof Robin Bailey from the London School for Hygiene and Tropical Medicine (LSHTM). He was at BICO to map out implementation modalities for MORDOR that has stalled following the fire accident of Prof Khumbo Kalua in June 2014.

d) Edson Mwaipopo, Deputy Director of KCCO, Tanzania. He came three times in the year under review. First he came on 1st September 2014 to familiarise himself with eye care service delivery at Zomba Central Hospital eye clinic and finalise on the preparation for the roll out of the SEZ Vision 2020 Eye Care Programme and on 2nd October 2014 to facilitate a planning workshop on Vision 2020 Eye Care Programme for SEZ. Thirdly he came to facilitate a management course on Organizational & Financial Management to Achieve VISION 2020 in Africa from November 10 to 21, 2014 at John Hopkins Lecture Theatre in Blantyre hosted by BICO but offered by KCCO with financial support from Seva Foundation.

e) Dr Ben Watmon, Ophthalmologist from Uganda. He was at BICO to facilitate a management course in Bridging Communities and Eye Care Providers to achieve VISION 2020 in Africa, a course hosted by BICO but offered by KCCO from 3rd November to 7th November 2014 at John Hopkins Lecture Theatre in Blantyre.
9. STAFFING

2014 was a year of increased staffing levels at BICO. The number of members of staff rose from 4 to 11.

- 8th February 2014, David Chinyanya joined BICO as a Consultant Programme Manager on part time basis. He finally joined on permanent basis as Programme Manager on 1st July 2014.
- 18th August 2014, Alvin Chisambi and Florence Kalua as Project Officers responsible for IT, Data Management & Quality assurance and Logistics & Procurement respectively
- 1st October 2014, Paul Mkandawire as Project Officer responsible for Laboratory Services and Lifa Mandala, a driver
- 3rd November 2014, Tiwonenji Chimwala and Willy Majiya as driver and Office Assistant respectively.

Picture of some members of staff as at December 2014. From far left, Paul mkandawire, Florence Kalua, David Chinyanya, Dr Khumbo Kalua, Ignasio wachepa, Ranneck Singano, Alvin chisambi, Melody Sakala and Zachariah Kamwendo

10. STAFF WELFARE

June 2014, BICO moved offices to its new premises at John Hopkins Building at Queen Elizabeth Central Hospital Campus from Hetherwick Building complex, Henry Henderson Institute (HHI) in Blantyre.

June 2014, Prof Khumbo Kalua, BICO’s Director had a fire accident in Salima when attending a prevention of blindness meeting. He was admitted to Kamuzu Central
Hospital, then Mwaiwathu Private Hospital and finally South Africa for further management of burns that covered 32% of his body.

**July 2014,** Prof Kalua was discharged from Hospital but continued treatment at home up to August 2014 when he started work on a lighter note after recovering from the burns.

**29th December 2014,** BICO hosted a party for all members of staff and their spouses, board members and partners at Atmosphere Restaurant. It was a get together and interaction for staff and partners.
## D. APPENDIX

1. Summary of Income and Expenditure for BICO Projects for the Year Ended 31 December 2014

<table>
<thead>
<tr>
<th>INCOME</th>
<th>Kwacha (MK)</th>
<th>Dollar ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Funds received</td>
<td>330,599,258.63</td>
<td>734,665.02</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EXPENDITURE</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Projects</td>
<td>200,747,972.92</td>
<td>446,106.61</td>
</tr>
<tr>
<td>Salaries</td>
<td>44,582,562.91</td>
<td>99,072.36</td>
</tr>
<tr>
<td>Administration</td>
<td>31,699,996.71</td>
<td>70,444.44</td>
</tr>
</tbody>
</table>

| Total expenditure    | 277,030,532.54  | 615,623.41   |
| Funds balance        | 53,568,726.09   | 119,041.61   |

### BICO EXPENDITURE

- **Projects**: 73%
- **Salaries**: 16%
- **Administration**: 11%

![BICO EXPENDITURE Chart](chart.png)
## 2. 2014 BICO Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Email address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Khumbo Kalua</td>
<td>Director</td>
<td><a href="mailto:director@bicomalawi.org">director@bicomalawi.org</a></td>
</tr>
<tr>
<td>David Chinyanya</td>
<td>Programme Manager</td>
<td><a href="mailto:dchinyanya@bicomalawi.org">dchinyanya@bicomalawi.org</a></td>
</tr>
<tr>
<td>Limbani Mitengo</td>
<td>Accountant</td>
<td><a href="mailto:limbanimitengo@bicomalawi.org">limbanimitengo@bicomalawi.org</a></td>
</tr>
<tr>
<td>Paul Mkandawire</td>
<td>Programme Coordinator – mordor</td>
<td><a href="mailto:paulmkandawire@bicomalawi.org">paulmkandawire@bicomalawi.org</a></td>
</tr>
<tr>
<td>Alvin Chisambi</td>
<td>Project Officer (IT, Data Management &amp; Quality Assurance)</td>
<td><a href="mailto:bchisambi@bicomalawi.org">bchisambi@bicomalawi.org</a></td>
</tr>
<tr>
<td>Florence Kalua</td>
<td>Project Officer (Logistics &amp; Procurement)</td>
<td><a href="mailto:florencekalua@bicomalawi.org">florencekalua@bicomalawi.org</a></td>
</tr>
<tr>
<td>Zachariah Kamwendo</td>
<td>Project Assistant &amp; Personal Assistant – Mordor</td>
<td><a href="mailto:kwemendouz@bicomalawi.org">kwemendouz@bicomalawi.org</a></td>
</tr>
<tr>
<td>Ranneck Singano</td>
<td>Projects Assistant</td>
<td><a href="mailto:rsingano@bicomalawi.org">rsingano@bicomalawi.org</a></td>
</tr>
<tr>
<td>Willy Majiya</td>
<td>Office Assistant</td>
<td><a href="mailto:willy@bicomalawi.org">willy@bicomalawi.org</a></td>
</tr>
<tr>
<td>Tiwonenji Chimwala</td>
<td>Driver</td>
<td><a href="mailto:chimwala@bicomalawi.org">chimwala@bicomalawi.org</a></td>
</tr>
<tr>
<td>Lifa Mandala</td>
<td>Driver</td>
<td><a href="mailto:mandala@bicomalawi.org">mandala@bicomalawi.org</a></td>
</tr>
</tbody>
</table>
BICO’s Offices

We are located at Johns Hopkins Research Project building, 2nd Floor, Chipatala avenue, Queen Elizabeth Central Hospital, Blantyre, Malawi